



Rumson School District Lunch Menu for April 2018



*** 3 LUNCH CHOICES DAILY ***

Hot Entrees, Deli du Jour or Bagel Lunch,

All Lunches come with Fruit, Veggies, Side Salad, Choice of Beverage, and a Lunch Treat

Deane Porter \$4.25

Forrestdale \$4.75

Weekly Deli Du Jour

Monday

Tuesday

Wednesday

Thursday

Friday

Turkey

Ham & Cheese

Chicken Salad

Turkey & Cheese

Tuna Salad

Fresh Homemade Soup on Tuesday, Wednesday & Thursday Free with the purchase of a Student Lunch

HOT ENTREES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
SPRING  RECESS				
9 Chicken Sandwich w/ Oven Fries & Fresh Fruit	10 Grass Fed All Beef Hot Dogs w/ Smiley Fries, Fresh Fruit & Chicken Noodle Soup	11 ABF Chicken Tenders w/ Caesar Salad, Fresh Fruit and Vegetarian Soup	12 Pasta w/ Organic Marinara, Roasted Veggies, and Beef Barley Bean Soup	13 Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit
16 French Toast Sticks w/ a Hashbrown, Sausage and Fresh Fruit	17 Italian Grilled Cheese w/ Organic Marinara, Caesar Salad, Fresh Fruit & Chicken Lentil Soup	18 ABF Chicken Tenders w/ Mashed Potatoes, Fresh Fruit and Vegetarian Soup	19 Pasta w/ GrassFed Meat Sauce, Fresh Veggies, Fresh Fruit & Potato Ham Soup	20 Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit
23 All White Meat Chicken Nuggets w/ French Fries and Fresh Fruit	24 ABF Buffalo Chicken Pizza w/ Caesar Salad, Fresh Fruit & Chicken Tortilla Soup	25 Nachos w/ Grass Fed Beef, Cheese, Let- tuce, Salsa, Sour Cream, Fresh Fruit & Vegetarian Soup	26 ABF Chicken Tender Taco w/ Rice&Beans, Fresh Fruit and Chicken Florentine Soup	27 Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit
30 Waffle Sticks w/ a Hashbrown, Sausage and Fresh Fruit				

Forrestdale School A la Carte Menu




April 2018

Deluxe Deli Sandwiches \$4.50

Fresh Deli Sandwiches with Lettuce, Tomato and Pickles

Simple Salad Box Available Daily \$2.50

Salad of the Week \$4.50 (selections changing every Monday)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
SPRING  RECESS				
9 Pasta Marinara	10 Toasted Tuesdays Gourmet Chicken Parm	11 My Own Pizza	12 Crispy Oven Fries	13 Chocolate Organic Yogurt Shake
16	17	18	19	20
U Pix We Mix Salad Week				
23 Oven Baked Chicken Tenders	24 Crispy Oven Fries	25 My Own Pizza	26 Organic Acai Bowls w/ Fresh Fruit & Granola	27 Chefs Special
30 Oven Baked Chicken Tenders			 <p>Simplified Culinary Services ...eat well  live well...</p>	